

## Bluestone Cottage Pre-Made Meals **APRIL MENU** 2021

- Drop your completed order form off at **3670 Roblin Blvd** - OR - email a scanned copy to **bluestonecottage@wowhospitality.com**. We will call to confirm your order within 24 hours of receiving
- Order by **Wednesday** for **Saturday** pick up OR by **Saturday** for pick up the following **Wednesday**
- We suggest ordering items for your meals for the entire week. Items which can be frozen *may be* frozen upon pickup depending upon our production schedule.



**Minimum order for pre-made meals is \$100 before tax. Prices listed are before tax.**

\*GF items are "made without gluten" but we cannot guarantee that they have not been in contact with gluten. We suggest exercising caution consuming goods produced in our location if your level of gluten intolerance is severe.

<b>Name:</b>
<b>Phone number:</b>
<b>Email address:</b>
<b>Date order placed:</b>
<b>Date pick up requested for:</b>
<b>(Office use only) Order confirmed by NAME/DATE/TIME:</b>

Quantity	Item Name	Item Description	Pack Size	Price
<i>Breakfast</i>				
	Breakfast Power Salad 2 Pack	raisins, walnuts, shredded carrot & apple, lemon vinaigrette, arugula, hemp hearts •GF •Vegan	2 x 500mL	\$15.00
	Breakfast Sandwich 2 Pack	(2) breakfast sandwiches - toasted brioche bun, mayo, fried egg, and cheddar cheese	2 each	\$12.00
	Sourdough Pancakes 24 pack	24 sourdough pancakes ready to reheat for family breakfasts	24 each	\$24.00
	Yogurt and Granola Parfait 4 pack	Vanilla and maple syrup sweetened Greek yogurt, blueberry compote, house made granola •nut free •perfect for work or school lunches!	12 oz x 4	\$26.00
	Egg White Omelettes 4 pack	With roasted veggies, olives, fresh basil and feta cheese	4 each	\$24.00
<i>Snacks</i>				
	Bluestone Granola	"Cherry Chocolate" or "Almond Cranberry" Granola - flax, local oats, maple syrup and seeds	454 grams	6.50
	Pumpkin Seed and Peanut bars	Energy bars (4 pack) - with local oats, seeds, honey, flax, hemp hearts and chocolate chips	4 pack	4.00
	Sunflower and Sesame bars	Energy bars (4 pack) - with local oats, seeds, honey, flax, hemp hearts and chocolate chips	4 pack	4.00
	Bluestone Balela Salad	Chickpeas, tomatoes, cucumbers, olives, red pepper, green onion and fresh herbs •GF	750mL	15.00
	Bluestone Hummus 250mL	250mL of our delicious hummus (sesame free!) •GF	250mL	5.00
	Bluestone Hummus and Olive Picnic Box	with crostini, hummus, tahini sauce, marinated olives, and fresh vegetables	1 picnic platter	16.00
	Marinated Olives	mixed olives with fennel seed, lemon and chilies •GF	150 grams	6.00
<i>Baked Goods</i>				
	Salted Chocolate Chip Cookies	Callebaut dark chocolate chip cookies with a pinch of Maldon sea salt	5 each	\$6.25
	Morning Glory Muffins 6pack	Gluten Free, with shredded apples, carrots, walnuts, raisins, and cinnamon •GF	6 muffins	\$18.00
	Blueberry Crumble Muffins 6pack	with oat and wheat flour, ground flax and cinnamon oat crumble	6 muffins	\$18.00
	Whole Sourdough Focaccia	Freshly baked flatbread	1 each	8.00

<i>Salad</i>				
	Quinoa Tabouli Salad	with fresh and roasted vegetables, quinoa, chickpeas, and lemon vinaigrette •GF •Vegan	750 mL	\$16.00
	Dilly Green Salad	greens, mustard vinaigrette, pickled beans, red onion, blistered tomatoes, dill •GF •Vegan	1 large salad	\$14.00
	Rotisserie Chicken Salad	Israeli cous cous with fresh herbs, olives, tomato, kale and herb vinaigrette •GF	750 mL	\$16.00
	Bluestone Potato Picnic Salad	Red Potatoes tossed with our Mustard Vinaigrette, fresh dill, and red onion •GF	750mL	\$12.00
<i>Lunch</i>				
	Salmon Salad on Brioche 2 pack	<b>hot smoked</b> salmon, mayonnaise, green onion, brioche bun, with greens and lemon aioli	2 each	\$20.00
	Ham and Cheese on Brioche 2 pack	local ham and cheddar cheese, brioche bun, local ham, greens, mayonnaise, mustard, tomato	2 each	\$16.00
	Rotisserie Chicken Caesar Wrap 2 pack	whole wheat wrap, romaine lettuce, parmesan, rotisserie chicken, and garlic caper vinaigrette	2 each	\$18.00
	Rotisserie Ribeye with Swiss on Rye 2 pack	Slow roasted rotisserie ribeye with swiss cheese, mayo, grained mustard, lettuce and tomato	2 each	\$20.00
	Hummus Wrap 2 pack	whole wheat wrap, greens, hummus, shredded veggies and tomato chutney •Vegan	2 each	\$16.00
<i>BBQ Ready Items</i>				
	Garlic Butter Prawns Skewers	Marinated prawns ready for your BBQ (4 prawns per skewer x 4 skewers)	4 skewers	\$weight
	Hot Smoked Atlantic Salmon	Priced by weight \$market price – pieces vary in weight but are roughly 600 grams	1 piece	\$weight
	Cumberland Pork Sausages	House made with zero fillers	6 sausages	\$18.00
	Spicy Turkey Sausages	with roasted potatoes, green beans with shallots, grilled lemon •GF	6 sausages	\$18.00
	Lamb and Beef Sausages	with kale, quinoa pilaf, roasted veggies, tahini sauce and mild tomato chutney •Vegan	6 sausages	\$18.00
	Harissa Beef Burger BBQ Kit	Our favorite lightly spiced beef burger patties, lettuce, marinated tomato, lemon aioli and Brioche buns – ready for your backyard BBQ	4 burgers	\$44.00
<i>Soup</i>				
	Cream of Broccoli Soup	One of our absolute favorites! Made with onion, celery, chicken bone broth, dairy and broccoli •GF	750 mL	\$9.00
	Vegan Split Pea Soup	Smoked onion broth with celery, carrot, yellow split peas and herbs •Vegan •GF	750 mL	\$9.00
<i>Foil Pan Meals</i>				
	Rigatoni with Beef Bolognaise	Our favorite for staff meals! Beef Bolo smothered rigatoni, with shredded kale and parmesan cheese	4 servings	\$60.00
	Grilled Chicken with Garlic Cream Sauce and Cremini Mushrooms	Grilled Chicken Breasts smothered with Garlic Cream Gravy and Cremini Mushrooms	4 servings	\$50.00
	<b>Total Piece Count</b>		<b>TOTAL BEFORE TAX</b>	